

PERSONAL RIGHTS & RESPONSIBILITIES

YOU HAVE THE RIGHT:

- To receive services in a safe (physical, psychological, social and moral), clean, healthy, and comfortable environment and to be treated with dignity and respect.
- To be free from physical, sexual, emotional or other abuse, or corporal punishment.
- To be free from discrimination, intimidation, or harassment based on gender, race, color, religion, ancestry, national origin, disability, medical condition or sexual orientation or perception of having one or more of those characteristics.
- To have the rules of the program explained to you and ask any questions you may have.
- To receive services that are respectful of, and responsive to, cultural and language differences.
- To participate in all decisions related to you and in the creation of your Treatment Plan.
- To have your family be involved in your treatment.
- To have personal privacy and know that you and your family's information will be kept private from people who are not involved in your treatment.
- To be informed of the benefits, risks, side effects, and alternatives to planned services through open communication.
- To be offered the most appropriate and least restrictive programming to meet your needs.
- To receive help in a way that is free from harassment or coercion and that protects your right to make your own decisions.
- To refuse any service, treatment, or medication (unless mandated by law or court order) and be informed about the consequences of such refusal, which may include discharge.
- To know who your staff are and what they do.
- To work with your Doctor to make sure you are taking the right amount and type of medication and ask questions to make sure you understand what your medication is for.
- To practice your religion or to abstain from religious practices.
- To not have people look through your personal stuff without good reasons.
- To have healthy meals and snacks given to you.
- To receive services during typical program hours 7:30 am to 4 pm Mondays – Fridays.
- To read any reports written about you and have someone explain them to you.
- To be discharged from the program as soon as you no longer need treatment.
- To make complaints, have them heard, get a prompt response, and not receive any threats or mistreatments as a result. *(please refer to Grievance Policy for specifics)*
- To be informed about the rules that will result in discharge from the program, if violated. *(see below)*
 - Assaulting or threatening behavior, frequent and/or serious boundary violations, lack of treatment progress, or court order.

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YOU HAVE THE SOCIAL RESPONSIBILITY:

- To treat those giving you care with dignity and respect.
- To assist by making and keeping a SAFE and non-violent environment.
- To treat your peers in a respectful manner.
- To abide by program rules and expectations.
- To provide accurate information about your mental health, patterns of behavior, and substance use issues.
- To work with staff in planning, reviewing, and changing your Treatment Plan.
- To report concerns about the quality of care you receive.
- To participate in your treatment.
- To leave things that are special to you or cost a lot of money at home. Please do not bring them to the program. *(The Children's Home of Reading cannot be responsible if things get lost, stolen, or broken.)*
- To learn about and practice emotional intelligence.
- To regulate your emotions in order to promote emotional and intellectual growth.

WE HAVE THE OBLIGATION AND SOCIAL RESPONSIBILITY:

- To provide a safe, clean, healthy, and comfortable environment capable of promoting growth and change.
- To treat you and your family with dignity and respect.
- To provide you with high quality services and treatment.
- To keep your personal information confidential. Only where permitted by law may your records be released without your permission.
- To consistently enforce program rules and expectations but still allow for individualized programming.
- To provide healthy meals and snacks.
- To effectively train and supervise all employees.
- To notify you of any changes to program rules and/or client rights.
- To provide, or arrange for, bilingual personnel or translators, as needed to maintain open communication.
- To abide by all federal, state, and local requirements as well as those set forth by other regulatory bodies.